

# Balance Regret

<p><b>Unpleasant consequences of your choice</b></p>	<p><b>Benefits of your choice</b> (benefits &amp; opportunities opened)</p>
<p><b>Hypothetical benefits of the other choice.</b></p>	<p><b>Unpleasant consequences of the other choice</b> (incl. time &amp; effort involved and opportunities lost by this choice)</p>